

## *Cool Mint Hand and Foot Cream*

*You won't want to miss this toe tapping rejuvenating foot cream! It works wonders on those poor, dry, cracked feet. Note: This also makes a wonderful hand cream.*

Base: 2 oz Skin Blends Rich Moisturizer with 2 grams of Moisture Sealant (1/2 tsp).

Add: 2 drops of Tea Tree Essential Oil

8 drops of Peppermint Essential Oil

6 pumps of Glycolic Acid

*For a special treat, put a little in a microwaveable container and warm up before massaging into feet and/or hands. You can also rub hands and feet, especially cuticles with Skin Blends Skin Oil and then massage this cream on top and cover hands/feet with socks/gloves and let the products really soak in and work overnight. In the morning, you will uncover softer, smoother hands and feet!*